

SRF MONASTIC-LED RETREAT

Kuala Lumpur Meditation Group



November 4th to 6th, 2022

Venue

Phoenix Ballroom (5th Floor)
The Pearl Kuala Lumpur Hotel
5th Mile, Jalan Klang Lama
Kuala Lumpur, Malaysia
+603-7983 1111
www.pearl.com



"Silence and seclusion are the secrets of success. In this modern life of activity there is only one way to separate yourself from its ceaseless demands: get away from it once in a while."

— Paramahansa Yogananda



For more information:
<https://yogananda.org/monastic-tour-kuala-lumpur>
Contact us at: SRFmonastictour2022@gmail.com www.klsrf.org





SRF MONASTIC-LED RETREAT

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An Introduction to the retreat

The Kuala Lumpur Meditation Group (KLMG) of Self-Realization Fellowship invites you to attend a Monastic-led Retreat which will be held at The Pearl Kuala Lumpur Hotel from November 4th to 6th, 2022.

We are delighted to announce that this retreat will be led by two Self-Realization Fellowship monks.

A public lecture on the topic “Meditation: Finding Inner Bliss” will be organized on November 4th. The lecture and inspirational service on November 6th, will be open to the general public.

Accommodation & Meals

Participants will be provided with 2 nights accommodation in a furnished twin deluxe room at the venue. All rooms are non-smoking. 2 nights accommodation and full vegetarian meals from Friday dinner, through Sunday lunch, are included in the rates stated below:

- Deluxe Twin - RM430 per person*
- Executive Deluxe - RM680 per person*
- Participants who are not staying at the hotel - RM265 per person*
(No Dinner, only Lunch and Tea included)

*All rates are inclusive of service tax

Arrival and registration at the hotel starts from 3:00 pm on Friday, November 4th, 2022. The retreat program ends at 1:00 pm on Sunday, November 6th, 2022, followed by lunch.





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Friday, November 4th

6:00 pm – 7:30 pm

Dinner

8:00 pm – 10:00 pm

Meditation: Finding Inner Bliss

Public Lecture with Guided Meditation followed by informal gathering

Saturday, November 5th

8:45 am – 9:45 am

Energization Exercises & Meditation

10:00 am – 12:30 pm

Technique Review with Guided Meditation*

12:30 pm – 2:00 pm

Lunch

2:00 pm – 4:00 pm

Open Schedule

4:00 pm – 5:00 pm

Tea break

5:00 pm – 8:00 pm

Kriya Yoga Initiation Ceremony**

8:00 pm – 10:00 pm

Dinner

Sunday, November 6th

9:00 am – 10:30 am

Kriya Yoga Review Class**

11:00 am – 11:45 am

Meditation

11:45 am – 12:00 pm

Break

12:00 pm – 1:00 pm

Closing Inspirational Service

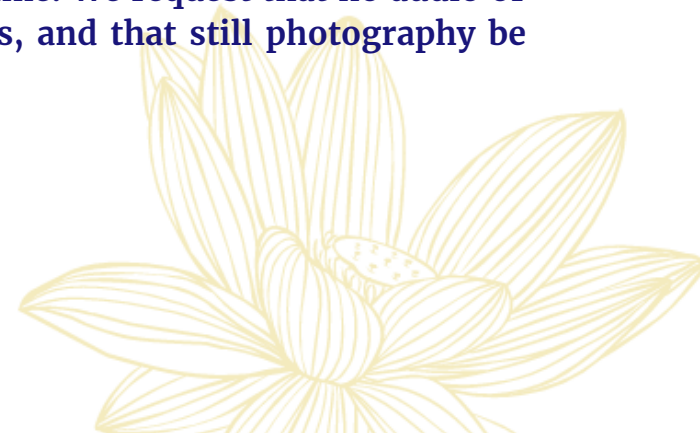
1:00 pm – 2:30 pm

Lunch

* Open to SRF Lessons students only.

**Open to SRF Kriyabans only.

The events are geared toward adults, but children age 12 and older who are SRF students may attend if they wish. We would not be able to accommodate younger children at the event this time. We request that no audio or video recordings (cell phone recordings included) be made during the events, and that still photography be limited to outdoor areas. Thank you for your cooperation.





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How to Register

Please fill the online form on the link <https://forms.gle/vcZcEfLwbeuAp26E7>

Please note you shall be asked to update the payment details in the form. Please transfer full payment for the hotel booking to Hong Leong Bank Account No. 28100006212 (Swift Code: HLBBMYKL) in the name of 'KL & Selangor Self Realization Society' (Please indicate 'Pearl' in payment reference).

The details below will be required for submission of the online form:

1. Full name (as per IC/Passport).
2. IC Number/Passport Number
3. Address
4. Telephone number
5. SRF Reference number/YSS Lesson number
6. Payment details screenshot with transaction reference number
7. Arrival and departure date and timing
8. Room preference - please select either:
 - Deluxe Twin - RM430 per person; or
 - Executive Deluxe - RM680 per person; or
 - Participants who are not staying at the hotel - RM265 per person
9. Name of preferred room partner (leave blank for KLMG to assign the partner)

Upon receipt of the form and payment, an email confirmation will be sent to you. Please submit your registration before the cut-off date on Friday, September 30th, 2022.

Contact Persons:

For any clarification, please call / WhatsApp Ms Puvanes: +6012-2962012 or Ms Thivya: +6016-2655789.

Cancellation policy

No refund will be made for cancellations received after Saturday, October 1st, 2022. Cancellations must be in writing.

Thank you.

In divine friendship,
The Kuala Lumpur Meditation Group

